

First Steps Infant/Toddler

Child Care Center (FSITC)

Daily Schedule

INFANTS 6weeks-6months (6:30-5:30)- Cuddles, love, and affection, eat, poop, and sleep
BOTTLE TIME-Every Hour or/and Feeding Plan accordingly
DIAPER /POTTY TIME- Will be checked ever hour accordingly or as needed

6:30 - 7:30 ARRIVAL -welcome children,quiet time, free play, story-time, toys, etc.

7:30 - 8:30BREAKFAST- clean-up/wash-up, Bib up

8:30 - 9:30 WASH-UP/Bible Story Time & Songs

9:30-10:00 -FINGERPLAYS, flash cards, arts and crafts, story-time, stacking blocks

10:00 - 11:00 FLOOR&TUMMY TIME/TABLE TIME

Younger Tots: Music, song and dance

Older Tots: Letters/Sounds & Numbers Activities

11:00 - 11:30 FLOOR YOGA/OUTSIDE/CENTERS

11:30 - 12:15 -WATER-WASH-UP/INTERACTIVE free-play and/or structured-play, interactive video (Baby Einstein/My Baby Can Read)

12:15 - 1:15 LUNCH TIME -clean-up/wash-up, brush teeth (when applicable), nestle into cribs

1:15 - 2:15 DREAM TIME -Lights off with soft music, rest-time and/or quiet-time

2:15 - 3:00 FLOOR TIME/SNACK TIME, Wash-up free-play and/or structured-play, books, flash cards, various learning toys, etc.

3:00 - 3:30 OUTSIDE/CENTERS

3:30 - 4:30 WATER-WASH-UPMusic Time/Finger Plays/**STORY-TIME**

4:30-5:00-FREE TIME, floor time, Blowing bubbles

5:00-5:30-PREPARE FOR HOME outside play (depending on season), puzzles, musical dance